

long term outcome. A section on medico-legal issues makes interesting reading, although is not directly applicable to the British judicial system. Surprisingly little mention is made of the controversies surrounding the use of postnatal corticosteroids to treat chronic lung disease and the risk of cerebral palsy, but otherwise the range of topics is exhaustive. Particular care is also taken to relate the bedside management to the background neuroscience—for example, the neuroprotective effect of brain cooling. Readers will be encouraged to catch up with subsequent developments as they emerge in the journals.

Weaknesses are few. The section on imaging of brain injury is thorough, and as expected well illustrated. However, it leaves the reader wishing for more information on the prognostic value of MRI in particular. Other sections would have been enhanced by greater use of illustrations—for example, I was disappointed that a section on congenital malformations fails to include a single illustrative image.

In summary, this is a comprehensive account of an area of vital importance to obstetricians, neonatologists, and paediatric neurologists. It should prove to be a useful reference for specialists in these fields.

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## LETTERS

### Thickening milk feeds may cause necrotising enterocolitis

Extremely low birthweight infants have the highest risk of developing necrotising enterocolitis (NEC). We report on two infants who developed fatal NEC while established on enteral feeds. A common antecedent was recent treatment with Carobel.

An 820 g boy and a 752 g girl, both of 25 weeks gestation, were fully established on enteral feeds with expressed breast milk by day 12 and 18 respectively. Non-specific symptoms were attributed to gastro-oesophageal reflux (GOR), which was empirically managed by thickening milk feeds. Instant Carobel (Cow & Gate) was started on postnatal day 12 and 24. Onset of NEC was day 26 and 30, with death one day later.

Carobel is unlicensed in the United Kingdom. The manufacturer advises that two to three level scoops may be added per 60–90 ml milk, but mentions no precautions or contraindications for preterm infants. Its use in preterm infants may have crept in since the withdrawal of cisapride in July 2000. Although feed thickening may reduce the frequency and volume of regurgitation, acid reflux remains unaffected, and a paradoxical increase in the occurrence of GOR has been described. Moreover, milk thickened with carob bean gum is less nutritive because of decreased bioavailability of essential elements.<sup>1</sup> Two recent reviews found no evidence to support the practice of feed thickening in infants with GOR.<sup>2,3</sup>

We are concerned that carob thickened milk may have played a role in the demise of these infants. The exact pathophysiology could not be further investigated because neither infant underwent postmortem

examination. Thickened feeds may have led to NEC as a result of bowel obstruction with subsequent bacterial overgrowth or following direct mucosal injury by calorific dense milk. Bacterial overgrowth is plausible because feed thickeners have been shown to significantly increase microbial population and enzyme activities in the weanling rat caecum.<sup>4</sup> Enterocolitis has previously been reported in an infant secondary to feeds thickened with pectin and cellulose,<sup>5</sup> as has neonatal intestinal obstruction and gastric lactobezoar.

Thickening feeds with carob bean gum is of unproven value in GOR. We feel that in preterm infants the practice may not be free from serious adverse effects and should not become widely adopted without a formal randomised trial.

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### Linear IgA bullous dermatosis in a neonate

We encountered a neonatal case of linear IgA bullous dermatosis. Only one other case of the disease diagnosed in the neonatal period has been reported, so we felt that it was important to describe this case.

Small vesicles first appeared on the face, hands, and legs of a Chinese full term baby boy on day 3 of life, which evolved into bullae on day 13. New bullae continued to erupt until day 18. By day 25, all the skin lesions had crusted, and skin healing was complete without scar formation. Besides skin eruption, the most overwhelming feature of the course was mucosal involvement. The infant presented with stridor on day 10 and went into respiratory failure requiring intubation. On day 30, bronchoscopy revealed a swollen larynx and a vesicle on the left ary-epiglottic fold. He was extubated on day 38 in the middle of a three week course of prednisolone. After extubation, stridor gradually subsided in a couple of weeks.

The diagnosis of linear IgA bullous dermatosis was made by skin biopsy on a bulla. Histological sections showed splitting of the skin at the dermo-epidermal junction with predominant polymorph infiltrate. Immunofluorescence showed a linear deposit of IgA at the dermo-epidermal junction. Staining for IgG and C3 was also positive.

Linear IgA bullous disease commonly occurs in childhood with onset from 6 months to 10 years.<sup>1</sup> It classically runs a relapsing

course with complete remission attained after puberty. The overall incidence of involvement of mucous membranes of the oral cavity, eyes, and external genitalia is 57%, 40%, and 72% respectively.<sup>1</sup> However, the mucosal involvement is not life threatening.

The other neonatal case of linear IgA bullous disease reported in the literature also showed serious mucosal involvement. It manifested as respiratory failure requiring treatment by extracorporeal membrane oxygenation, oesophageal dysmotility with choking during feeding, and blindness as a result of conjunctival scarring.<sup>2</sup> In both these neonatal cases, complete remission was attained after the unsettled neonatal period. Hence, linear IgA bullous disease with onset in the neonatal period contrasts sharply with the classical presentation of the childhood disease in having serious mucosal involvement and a non-relapsing course.

We hope that our report serves as a reference for neonatologists and dermatologists who may encounter similar cases in the future.

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### Vertical transmission of *Citrobacter freundii*

An infant developed early respiratory distress after delivery at 34 weeks gestation after prolonged rupture of membranes. *Citrobacter freundii* was cultured from a maternal mid-stream urine sample at delivery. *C. freundii*, resistant to ampicillin but sensitive to gentamicin, cephalosporins, and ciprofloxacin, was isolated from neonatal blood cultures taken on admission. Gram negative rods were seen on microscopy of cerebrospinal fluid (CSF), with no white cells and 730 red cells per high power field. CSF protein was 1.26 g/l and glucose 3.0 mmol/l, with blood glucose of 4.9 mmol/l. No organisms grew on CSF culture. Ampicillin and gentamicin were discontinued, and ciprofloxacin and cefotaxime started for a three week course. Serial cranial ultrasound and computed tomography scans showed no evidence of intracranial abscess or ventriculitis. At 1 year of age the infant is neurodevelopmentally normal.

Neonatal infection with *Citrobacter* species is usually acquired in a nosocomial fashion, and causes septicaemia, meningitis, and brain abscesses associated with a high morbidity and mortality. Eleven cases of vertically acquired *Citrobacter koseri* infection have been reported.<sup>1</sup> However, the only previous report of vertical transmission of *C. freundii* describes a 32 week infant in whom the organism was identified from maternal high vaginal swab and infant gastric aspirate, but not from blood cultures.<sup>2</sup> Neonatal septicaemia with meningitis, as in our patient, has not been previously described.

*C. freundii* differs from other organisms causing neonatal meningitis by being able to